

SPAC Junior Program 2019 – 2020

Saturday Mornings

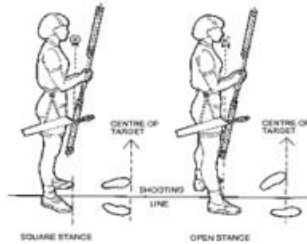
Indoor Early Class 09:30 – 10:45
 Indoor late Class 11:00 – 12:15
 Outdoor Classes (May/June) 10:30 – 12:00

Sherwood park Archery Club www.sherwoodparkarchery.com
 Facebook [Link](#)

| | November | | | | | December | | | | January | | | February | | | | March | | | | April | | | | May | | | | June | | | | | |
|------------------|----------|---|----|----|----|----------|----|----|----|---------|----|----|----------|---|---|----|-------|----|---|----|-------|----|---|----|-----|----|---|---|------|----|----|---|----|----|
| | 2 | 9 | 16 | 23 | 30 | 7 | 14 | 21 | 28 | 4 | 11 | 18 | 25 | 1 | 8 | 15 | 22 | 29 | 7 | 14 | 21 | 28 | 4 | 11 | 18 | 25 | 2 | 9 | 16 | 23 | 30 | 6 | 13 | 20 |
| Introduction | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| NO CLASSES | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| NO CLASSES | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| CLASSES | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Christmas Party | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| 300 FITA Indoors | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| CLASSES | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Intro to outdoor | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10 AM Outdoor | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| NO CLASSES | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10 AM Outdoor | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| Jr. Prg. Wrap Up | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |

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| Nov 2nd - First Classes | Feb 15 Family Day - No Classes |
| Nov 9 & 16 Fall Break - No Classes | Mar 28 Spring Break - No Classes |
| Dec 16 Fun Shoot With 3D Animals | Apr 4 Spring Break - No Classes |
| Dec 16 & 28 Christmas Break - No Classes | Apr 11 Victoria Day - No Classes |
| Jan 4 Christmas Break - No Classes | May 16 Victoria Day - No Classes |
| Feb 8 - 300 Shoot (Competition scores = badge results) | Jun 20 - Wrap up event |

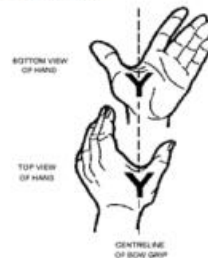
1 - Stance



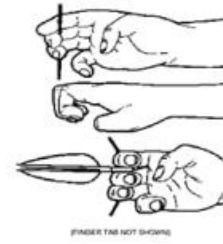
2 - Nocking the arrow



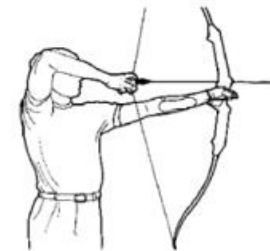
3 - Bow Hand



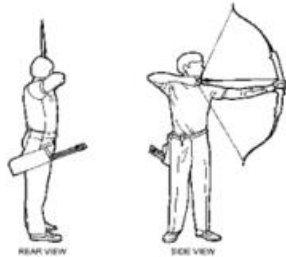
4 - Drawing Hand



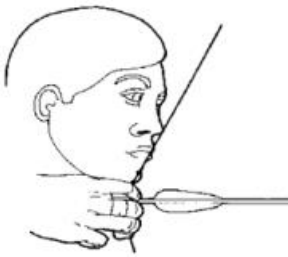
5 - Draw



6 - Anchor



7 - Hold and Aim



8 - Release



9 - Follow Through



10 - Relax

